

# Pro-state of Mind 5K Open

## Age Group Results

June 14, 2013

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Results By Columbus Roadrunners Club

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### Overall Female Open Winners

<u>Overall</u>	<u>Place</u>	<u>Name</u>	<u>Pace</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>
4	1	Nancy Lochman	8:15/M	Roswell GA	92	43
7	2	Linda Evans	8:32/M	Columbus OH	86	64

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### Female 19 and under

<u>Overall</u>	<u>Place</u>	<u>Name</u>	<u>Pace</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>
19	1	Karley Stefanik	9:50/M	Westervilke OH	24	9
43	2	Abbey Ebert	13:47/M	Dublin OH	94	15
52	3	Olivia Stukey	16:07/M	Dublin OH	95	14
67	4	Grace Wheeler	21:13/M	Pickerington OH	83	11

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## Female 20 to 29

<u>Overall</u>	<u>Place</u>	<u>Name</u>	<u>Time</u>	<u>Pace</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	
10	1	Kim Kachurak	27:23.1	8:50/M	Canal Winchester	0	66	29
31	2	Heather Tracy	34:09.7	11:01/M	Dublin OH	78	25	
33	3	Ariana Bond	35:14.1	11:22/M	Columbus OH	67	24	
34	4	Carrie Tong	36:41.6	11:50/M	Columbus OH	68	29	
63	5	Christiana Marchese	58:20.8	18:49/M	columbus OH	43	20	

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## Female 30 to 39

<u>Overall</u>	<u>Place</u>	<u>Name</u>	<u>Time</u>	<u>Pace</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>
11	1	Pam Laing	27:23.4	8:50/M	Westerville OH	79	33
12	2	Lisa Davis	27:27.8	8:51/M	columbus OH	6	30
24	3	Jen Wuersig	32:29.2	10:29/M	Westerville OH	20	32
28	4	Angela Brown	33:36.8	10:50/M	Gahanna OH	14	39
49	5	Cheri Pittman	46:41.2	15:04/M	Galloway OH	13	38
57	6	Cheryl Manbeck	54:59.4	17:44/M	Grove City OH	21	39
60	7	Amy Johnson	57:58.3	18:42/M	Dublin OH	96	38
61	8	Penny Palanca	58:07.8	18:45/M	Columbus OH	31	39
66	9	Jennifer Wheeler	1:03:42.1	20:33/M	Pickerington OH	82	39

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## Female 40 to 49

<u>Overall</u>	<u>Place</u>	<u>Name</u>	<u>Pace</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>
18	1	Maggie Zelaya	9:46/M	Westerville OH	12	45
		30:17.3				
25	2	Nancy Lochman	10:31/M	Roswell GA	91	42
		32:37.5				
26	3	Dawne Stefanik	10:37/M	Westervilke OH	22	42
		32:55.1				
30	4	barbara shardy	10:58/M	Galloway OH	32	44
		34:01.8				
41	5	Deb Gillett	12:08/M		103	45
		37:38.1				
44	6	Sue Breeden	13:48/M	Columbus OH	63	47
		42:47.6				
46	7	joanne murphy	13:55/M	Powell OH	35	45
		43:10.5				
47	8	Caren Murdock	14:16/M	Columbus OH	57	46
		44:13.5				
50	9	Julie Rush	15:28/M	westerville OH	46	45
		47:57.7				
64	10	Nicole Evans	19:02/M	Columbus OH	10	41
		58:59.4				
72	11	Marvie Lampa	22:15/M	Cleveland OH	45	44
		1:09:00.9				

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## Female 50 to 59

<u>Overall</u>	<u>Place</u>	<u>Name</u>	<u>Pace</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>
32	1	Kelly Sitz	11:21/M	Westerville OH	55	52
		35:12.7				

42	2	Deborah Fox Fox	Hilliard OH	5	57
		37:39.0 12:09/M			
51	3	Christine Smith	Delaware OH	89	52
		49:59.0 16:07/M			
58	4	Madeline Shaw	Columbus OH	15	58
		55:59.6 18:04/M			
69	5	Vivian Hawkins	Columbus OH	53	53
		1:08:59.2 22:15/M			

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## Female 60 and over

<u>Overall</u>	<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>
		<u>Time</u>			
		<u>Pace</u>			
22	1	Pat McClure	Dublin OH	102	74
		30:42.4 9:54/M			
27	2	Hilda Walsh	Powell OH	93	63
		33:10.7 10:42/M			
54	3	Pat McClure	Dublin OH	106	64
		51:42.6 16:41/M			
56	4	Saundra Brennan	Columbus OH	37	65
		54:58.6 17:44/M			
73	5	Donna hughes	lewis center OH	49	63
		1:09:01.2 22:16/M			

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## Overall Male Open Winners

<u>Overall</u>	<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>
		<u>Time</u>			
		<u>Pace</u>			
1	1	Brue Hoyt		85	45
		19:20.3 6:14/M			
2	2	Jason Imar	Columbus OH	34	41
		22:16.9 7:11/M			

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## Male 19 and under

<u>Overall</u>	<u>Place</u>	<u>Name</u>	<u>Time</u>	<u>Pace</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>
6	1	Ryan lochman	25:52.3	8:21/M	Columbus OH	84	9
20	2	Evan Stefanik	30:33.7	9:51/M	Westervilke OH	23	9
29	3	Conner Hammonds	33:51.8	10:55/M	gahanna OH	40	16
65	4	Riley Palanca	1:03:40.6	20:32/M	Columbus OH	30	10
70	5	Smityh Joe	1:08:59.7	22:15/M		200	1

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## Male 20 to 29

<u>Overall</u>	<u>Place</u>	<u>Name</u>	<u>Time</u>	<u>Pace</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>
62	1	Shawn Peters	58:19.8	18:49/M	Columbus OH	77	22

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## Male 30 to 39

<u>Overall</u>	<u>Place</u>	<u>Name</u>	<u>Time</u>	<u>Pace</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>
9	1	Mike Uscio	26:49.7	8:39/M	Westerville OH	70	35
36	2	Jay Wuersig	36:45.6	11:51/M	Westerville OH	19	35

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## Male 40 to 49

<u>Overall</u>	<u>Place</u>	<u>Name</u>	<u>Pace</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>
5	1	Derek Hammonds	25:36.8 8:15/M	gahanna OH	39	43
8	2	Michael Rothe	26:31.0 8:33/M	Circleville OH	33	41
13	3	Darren Breece	30:05.5 9:42/M	Hilliard OH	2	45
21	4	Drew Stefanik	30:38.5 9:53/M	Westervilke OH	25	42
39	5	Jeff Litterst	37:33.3 12:07/M	Lewis Center OH	48	42
40	6	Paul Gillett	37:33.8 12:07/M		104	49
45	7	Rich Breeden	43:10.2 13:55/M	Columbus OH	64	43
71	8	Larry Lampa	1:09:00.5 22:15/M	Cleveland OH	44	45

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## Male 50 to 59

<u>Overall</u>	<u>Place</u>	<u>Name</u>	<u>Pace</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>
14	1	Loren Leidheiser	30:08.4 9:43/M	Lewis Center OH	75	53
15	2	Randy Smith	30:12.0 9:45/M	Delaware OH	90	57
16	3	Dwayne Adkins	30:13.1 9:45/M	Columbus OH	17	54
35	4	Christopher Rush	36:44.2 11:51/M	westerville OH	47	51
59	5	hal kies	57:57.0 18:42/M	columbus OH	56	56

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## Male 60 and over

<u>Overall</u>	<u>Place</u>	<u>Name</u>	<u>Pace</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>
3	1	Henry McClure	24:17.9 7:50/M	Dublin OH	101	70
17	2	Len Fisher	30:14.9 9:45/M	Lewis Center OH	58	72
23	3	Gary Evans	30:56.8 9:59/M	Columbus OH	87	66
37	4	JAMES GIESEKE	37:14.8 12:01/M	Hilliard OH	4	76
38	5	Bill Dhillon	37:15.6 12:01/M	Powell OH	38	62
48	6	Stan Durkin	45:44.3 14:45/M	Columbus OH	16	60
53	7	Harry McClure	50:06.4 16:10/M	Dublin OH	107	70
55	8	Patrick Brennan	54:57.0 17:44/M	Columbus OH	36	66
68	9	Greg Lowe	1:08:55.1 22:14/M	Columbus OH	54	61

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